# Japanese Culture and Society: Social and Cultural psychology Tutor: Akinobu NAMEDA, Ph.D.

### Course description:

This course explores Japanese society and culture by looking at theories and experiencing research in social and cultural psychology. This course is divided into two parts. The first part of this course focuses on culture. We will discuss theories and research findings on culture in psychology as well as cultural phenomena in Japan. For the second part of this course, we will consider and discuss social issues in Japanese context: work-life balance, family work, career development, and so on. In addition to participation in classroom lectures and discussions, students in this course will conduct some research projects on culture and social issues in Japan that will help to have views to understand Japanese culture and society.

### **Course objectives:**

- Students can obtain their understanding of culture and social issues in Japan.
- Students can make discussions on Japanese culture and society, based on knowledge and research in social and cultural psychology, and/or other academic fields in social sciences.
- Students can reflect on their own culture and society in looking at culture and social issues in Japanese context.

### Schedule:

12:50 - 16:00 on Wednesday, during 10 Jan - 18 Apr in 2018

	Date	Title	Contents
1	Jan 10	Introduction	Brief summary and descriptions of
			the course
2	Jan 17	Cultural differences of mind	Cross-cultural psychology, Culture and self, Culture as an institution
3	Jan 24	Culture in minds	Pocket money, Culture as semiotic mediation, Trajectory Equifinality Approach
4	Jan 31	Research project on culture 1	Photo-voice project
5	Feb 7	Research project on culture 1	Photo-voice project

6	Feb 14	Research project on culture 2	Project: Understanding "Kawaii (a Japanese word expression)" in Japan: Introduction
7	Feb 21	Research project on culture 2	Project: Understanding "Kawaii" in Japan: KJ qualitative method for organizing information
8	Feb 28	Research project on culture 2	Project: Understanding "Kawaii" in Japan: Work and discussions for presentation
9	Mar 7	Research project on culture 2	Project: Understanding "Kawaii" in Japan: Work and discussions for presentation/students' presentations
10	Mar 14	Research project on culture 2	Project: Understanding "Kawaii" in Japan: Students' presentations and discussions
11	Mar 28	Field-trip (to be arranged)	Field-trip
12	Apr 4	Work life balance issues in Japan	Population decline, Having children in Japan, Parent's participation in child rearing
13	Apr 11	Family work and family relationships in Japanese context	The share of paid work and household work in family, Communication styles in couples
14	Apr 18	Career development and quality of life	Successive job support for people with disability

#### Notes:

The order and contents of the classes may vary according to the progress of projects, the schedule for field-trip and other reasons.

## **Key Words:**

Japanese society; Culture; Social psychology; Cultural psychology.

## **Reading List:**

- Markus, H. R., & Kitayama, S. (1991). Culture and the self: Implications for cognition, emotion, and motivation. *Psychological review*, 98, 224.
- Valsiner, J. (2007). *Culture in minds and societies: Foundations of cultural psychology*. SAGE Publications.

# **Evaluating Method:**

- 1. Communication paper in each class, participation in activities in classes, and reflections of the experiences of the project (30 %)
- 2. Papers based on projects (50 %)
- 3. Presentations (20%)

# **Contact Information:**

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